



Bringing over 30 years passion, knowledge and experience to the skin care industry, Nancy Schaal combines professional evaluation of skin conditions with “no nonsense” scientifically based treatments for women, men and teens performed in meticulous, sanitary surroundings, the importance of which cannot be overemphasized today.

Helping you understand how your skin functions, she dispels the many myths surrounding effective skin care. Her background in alternative health care helps you incorporate healthy diet and lifestyle changes into your daily living. Services are performed in a relaxing and nurturing atmosphere where listening to and addressing your concerns is her priority.

As one of the early pioneers of electro-facial toning research in the 1970's, Nancy assisted in and provided documentation for the adaptation of medical electro-muscle therapy to cosmetic use in the beauty industry to obtain the patent for the technique known as Myotonology. As a national educator with a background in alternative medicine, she has conducted workshops throughout the United States and Canada and co-authored the manual for teaching the technique and written articles for publications in the industry.

After moving to Ft. Lauderdale in 1986 and becoming a member of the Florida professional skin care community, Nancy believes in giving back to her community by tutoring esthetician students, donating services to charitable organizations and speaking to groups of any size.

In her personal spare time Nancy enjoys non-fiction reading, writing, organic cooking, listening to jazz, classic rock, country rock, and classical music, spending quality time with friends and tranquil rejuvenating time alone.